**Troop 308**

**CHECKLISTS: FIRST AID, CAMPING, HIKING**

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| **Minimum First Aid Equipment** | | | |
|  Adhesive bandages |  Elastic Bandages |  Moleskin |  Sunburn cream |
|  Gauze Pads |  Poison Ivy lotion |  Needles |  Aspirin |
|  Adhesive tape |  Triangular bandages |  Scissors |  Antacid tablets |
|  Roller bandages |  Antibacterial soap |  Safety Pins |  Emergency Money |
|  Butterfly bandages |  Oral thermometer |  Tweezers |  Pencil and Paper |

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| **Camping Checklist** | | | |
| **Essential Equipment** | | | |
|  Duffel Bag/Pack |  Sleeping bag |  Ground pad |  Hat (summer) |
|  Extra clothing |  Class A & B uniform |  First Aid kit |  Stocking cap (winter) |
|  Boots & extra shoes |  Toiletries |  Unbreakable mug |  Insect repellent |
|  Pocket knife |  Flashlight |  Compass |  Jacket (fall-spring) |
|  Scout book/pencil |  Sunscreen |  Raingear |  Canteen/water bottle |
| **Optional Equipment** | | | |
|  Swim trunks |  Sunglasses |  Lip balm |  Folding camp stool |
|  Camera & film |  Hiking stick |  Class C uniform |  Pillow |
|  Duct tape |  Parachute cord |  Sewing kit |  Multi-purpose tool |

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| **Hiking Checklist** | | | |
| **Essential Equipment** | | | |
|  Daypack |  Water |  Food |  Map & compass |
|  Extra clothing |  Fire starter/matches |  First Aid kit |  Flashlight/headlamp |
|  Sunscreen |  Sunglasses |  Signaling device |  Raingear |
|  Pocket knife |  Toilet paper |  First aid booklet |  Whistle |
| **Optional Equipment** | | | |
|  Water purifier |  Insect repellent |  Lip balm |  Hat |
|  Camera & film |  Hiking stick |  Binoculars |  Paper & pencil |

Bring

 tent checkout list

permanent markers

fire starters

scissors (fireman chip or toten chip cars)